

## Confidential Information and History-Adult

All information disclosed to Neurotherapeutic Pediatric Therapies' staff is confidential, except when a person is in danger of abuse or suicide, is a clear and present danger to their-self or others or is the victim of a crime. An authorization for release of information must be signed before information can be given to the court, school, or third party in any other case not mentioned above. **Please complete this form as applicable.**

Today's Date \_\_\_\_\_

### CLIENT INFORMATION

Legal First Name: \_\_\_\_\_ Legal Last Name: \_\_\_\_\_

Preferred Name: \_\_\_\_\_ DOB (mm/dd/yyyy): \_\_\_\_\_

Marital Status:  SINGLE  MARRIED  DIVORCED  SEPARATED  WIDOWED  DOMESTIC PARTNERS  
 NEVER MARRIED  OTHER \_\_\_\_\_

### WORK HISTORY

Are you currently employed?  No  Yes,

If yes is it:  Full time (30 or more hours)  Part-time (less than 30 hours)

Odd Jobs/Temporary  Training Program

What kind of work do you do? \_\_\_\_\_

### CURRENT PROBLEMS

Please describe briefly what changes you are hoping to make by starting services now.

Please mark only the symptoms below which you have experienced in the past 3 months.

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Relationship Issues         | <input type="checkbox"/> Computer addiction                           | <input type="checkbox"/> Recurring, intrusive thoughts/memories         |
| <input type="checkbox"/> Depression                  | <input type="checkbox"/> Feeling hopeless                             | <input type="checkbox"/> Problems with pornography                      |
| <input type="checkbox"/> Obsessions or compulsions   | <input type="checkbox"/> Parenting issues                             | <input type="checkbox"/> Change in sleeping habits                      |
| <input type="checkbox"/> Trouble concentrating       | <input type="checkbox"/> Extreme sadness/crying spells                | <input type="checkbox"/> Change in eating habits                        |
| <input type="checkbox"/> Memory problems/confusion   | <input type="checkbox"/> Lack of energy                               | <input type="checkbox"/> Feelings of extreme happiness/excessive energy |
| <input type="checkbox"/> Weight changes              | <input type="checkbox"/> Feeling stressed                             | <input type="checkbox"/> Change in sexual interest or function          |
| <input type="checkbox"/> Self-esteem problems        | <input type="checkbox"/> Feeling guilty                               | <input type="checkbox"/> Problems getting along w/others                |
| <input type="checkbox"/> Anger/irritability          | <input type="checkbox"/> Feeling fearful                              | <input type="checkbox"/> Trouble performing your job                    |
| <input type="checkbox"/> Feeling anxious             | <input type="checkbox"/> Acting violently                             | <input type="checkbox"/> Lack of enjoyment of usual activities          |
| <input type="checkbox"/> Lack of motivation          | <input type="checkbox"/> Fatigued                                     | <input type="checkbox"/> Sudden feelings of panic                       |
| <input type="checkbox"/> Physical complaints of pain | <input type="checkbox"/> Thoughts of/attempts to hurt yourself/others | <input type="checkbox"/> Thoughts of killing yourself/others            |
| <input type="checkbox"/> Social discomfort           | <input type="checkbox"/> Muscle tension                               | <input type="checkbox"/> Flashbacks                                     |
| <input type="checkbox"/> Hearing voices              | <input type="checkbox"/> Visual hallucinations                        | <input type="checkbox"/> Suspicion/paranoia                             |
| <input type="checkbox"/> Racing thoughts             | <input type="checkbox"/> Wide mood swings                             | <input type="checkbox"/> Nightmares                                     |
| <input type="checkbox"/> Gambling problems           | <input type="checkbox"/> Other: _____                                 |   |

Have you ever thought of/attempted to hurt yourself/others?  No  Yes If yes, explain:

Have you ever thought of/attempted suicide?  No  Yes If yes, explain:

Have you ever been diagnosed or treated for an eating disorder?  No  Yes If yes, explain:

### SOCIAL

Spiritual? Religious? Church/Spiritual Community?  No  Yes If yes, how important is it?

Do you have social support?  FAMILY  NEIGHBOR  FRIENDS  CO-WORKERS  OTHER: \_\_\_\_\_

If so, who?

What are the hobbies/activities that you find pleasure in?

### MEDICAL INFORMATION

Past/current medical problems/surgeries:

Were developmental milestones met appropriately (i.e., sitting up as infant, walking, talking on time with average child development)? Yes No If no, please describe:

Preferred Pharmacy: \_\_\_\_\_

Within the past 12 months, have you worried whether your food would run out before you got money to buy more?

No Yes

Within the past 12 months, have you thought that the food you bought just didn't last and you didn't have money to buy more? No Yes

Are you sexually active?  No  Yes

Have you ever been pregnant?  No  Yes

Do you have any children?  No  Yes

If Applicable:

Any problems with menses?  No  Yes Date of last menstrual period? \_\_\_\_\_

**PREVIOUS MENTAL HEALTH TREATMENT**

Outpatient:     No    Yes                      Inpatient             No    Yes  
 Drug/Alcohol:    No    Yes                      Group:                 No    Yes

Have you or your family ever attended therapy/counseling before?    No    Yes    If yes, please describe below:

1. Name of therapist/counselor/agency \_\_\_\_\_

Did you go alone or with your family? \_\_\_\_\_ Dates: \_\_\_\_\_

Reason: \_\_\_\_\_

2. Name of therapist/counselor/agency \_\_\_\_\_

Did you go alone or with your family? \_\_\_\_\_ Dates: \_\_\_\_\_

Reason: \_\_\_\_\_

**FAMILY MENTAL HEALTH HISTORY**

Describe any mental health issues within your immediate family:

\_\_\_\_\_

Are any of your family members frequent drug or alcohol users?    No    Yes, If yes, which members?

\_\_\_\_\_

**SUBSTANCE USE HISTORY**

Have you, or are you currently using drugs or alcohol?    No    Yes

If yes, at what age did you begin drinking alcohol? \_\_\_\_\_

If yes, at what age did you begin using drugs? \_\_\_\_\_

What types of drugs (including alcohol) have you or are you presently using?

\_\_\_\_\_

Frequency/quantity of alcohol consumption \_\_\_\_\_

How many drinks does it take for you to feel drunk? \_\_\_\_\_

Have you ever experienced a memory loss during drinking? \_\_\_\_\_

Have you ever overdosed from drugs/alcohol? \_\_\_\_\_

Quantity of cigarette smoking \_\_\_\_\_

Amount of caffeine consumption \_\_\_\_\_

Please indicate if any of the below apply. If possible, also include dates. If not applicable, please indicate "N/A".

Drug/Alcohol Withdrawal: \_\_\_\_\_

Intravenous Drug Use: \_\_\_\_\_

**LEGAL HISTORY**

Ever been convicted of a misdemeanor or felony?    No    Yes    If yes, explain:

\_\_\_\_\_

**Please list any previous charges or arrests** (include runaway, curfew violation, MIP, etc.):

---

Number of arrests/charges in the last 24 months: \_\_\_\_\_

Have any of these charges been drug/alcohol related? \_\_\_\_\_

**Are you currently involved in divorce or child custody proceedings?**  No  Yes **Previously?**  No  Yes

If yes, please explain: \_\_\_\_\_

**Is DHS Involved?**  No  Yes **If yes, why?**

---

Are you court ordered to attend Mental Health Treatment?  No  Yes