

## Confidential Information and History-Child

All information disclosed to Neurotherapeutic Pediatric Therapies' staff is confidential, except when a child is in danger of abuse or suicide, is a clear and present danger to their-self or others or is the victim of a crime. An authorization for release of information must be signed by a parent or youth before information can be given to the court, school, or third party in any other case not mentioned above.

*Please complete this form as applicable.*

Today's Date \_\_\_\_\_

### CLIENT INFORMATION

Legal First Name: \_\_\_\_\_ Legal Last Name: \_\_\_\_\_

Preferred Name: \_\_\_\_\_ DOB (mm/dd/yyyy): \_\_\_\_\_

### CURRENT PROBLEMS

Please describe briefly what changes you are hoping to make by starting services now.

Please mark only the symptoms below which the client has experienced in the past 3 months.

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Relationship Issues         | <input type="checkbox"/> Computer addiction                           | <input type="checkbox"/> Recurring, intrusive thoughts/memories         |
| <input type="checkbox"/> Depression                  | <input type="checkbox"/> Feeling hopeless                             | <input type="checkbox"/> Problems with pornography                      |
| <input type="checkbox"/> Obsessions or compulsions   | <input type="checkbox"/> Parenting issues                             | <input type="checkbox"/> Change in sleeping habits                      |
| <input type="checkbox"/> Trouble concentrating       | <input type="checkbox"/> Extreme sadness/crying spells                | <input type="checkbox"/> Change in eating habits                        |
| <input type="checkbox"/> Memory problems/confusion   | <input type="checkbox"/> Lack of energy                               | <input type="checkbox"/> Feelings of extreme happiness/excessive energy |
| <input type="checkbox"/> Weight changes              | <input type="checkbox"/> Feeling stressed                             | <input type="checkbox"/> Change in sexual interest or function          |
| <input type="checkbox"/> Self-esteem problems        | <input type="checkbox"/> Feeling guilty                               | <input type="checkbox"/> Problems getting along w/others                |
| <input type="checkbox"/> Anger/irritability          | <input type="checkbox"/> Feeling fearful                              | <input type="checkbox"/> Trouble performing at school                   |
| <input type="checkbox"/> Feeling anxious             | <input type="checkbox"/> Acting violently                             | <input type="checkbox"/> Lack of enjoyment of usual activities          |
| <input type="checkbox"/> Lack of motivation          | <input type="checkbox"/> Fatigued                                     | <input type="checkbox"/> Sudden feelings of panic                       |
| <input type="checkbox"/> Physical complaints of pain | <input type="checkbox"/> Thoughts of/attempts to hurt yourself/others | <input type="checkbox"/> Thoughts of killing yourself/others            |
| <input type="checkbox"/> Social discomfort           | <input type="checkbox"/> Muscle tension                               | <input type="checkbox"/> Flashbacks                                     |
| <input type="checkbox"/> Hearing voices              | <input type="checkbox"/> Visual hallucinations                        | <input type="checkbox"/> Suspicion/paranoia                             |
| <input type="checkbox"/> Racing thoughts             | <input type="checkbox"/> Wide mood swings                             | <input type="checkbox"/> Nightmares                                     |
| <input type="checkbox"/> Other: _____                |   |   |

Has the client ever thought of/attempted to hurt themselves/others?  No  Yes If yes, explain:

Has the client ever thought of/attempted suicide?  No  Yes If yes, explain:

Has the client ever been diagnosed or treated for an eating disorder?  No  Yes If yes, explain:

**SOCIAL**

Spiritual? Religious? Church/Spiritual Community?  No  Yes If yes, how important is it?

Does the client have social support?  FAMILY  NEIGHBOR  FRIENDS  CO-WORKERS  OTHER: \_\_\_\_\_

If so, who?

What are the hobbies/activities that the client finds pleasure in?

**MEDICAL INFORMATION**

Past/current medical problems/surgeries:

Were developmental milestones met appropriately (i.e., sitting up as infant, walking, talking on time with average child development)?  Yes  No If no, please describe:

Preferred Pharmacy: \_\_\_\_\_

Is the client sexually active?  No  Yes

If Applicable:

Any problems with menses?  No  Yes Date of last menstrual period? \_\_\_\_\_

Has the client ever been pregnant?  No  Yes

**PREVIOUS MENTAL HEALTH TREATMENT**

Outpatient:  No  Yes Inpatient  No  Yes

Drug/Alcohol:  No  Yes Group:  No  Yes

Has the client or their family ever attended therapy/counseling before?  No  Yes If yes, please describe below:

1. Name of therapist/counselor/agency \_\_\_\_\_

Did client go alone or with family? \_\_\_\_\_ Dates: \_\_\_\_\_

Reason: \_\_\_\_\_

2. Name of therapist/counselor/agency \_\_\_\_\_

Did client go alone or with family? \_\_\_\_\_ Dates: \_\_\_\_\_

Reason: \_\_\_\_\_

**FAMILY MENTAL HEALTH HISTORY**

Describe any mental health issues within the client's immediate family:

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Are any of the client's family members frequent drug or alcohol users?  No  Yes, If yes, which members?

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**SUBSTANCE USE HISTORY**

During the PAST 12 MONTHS, on how many days did the client... (Put "0" if none).

Drink more than a few sips of beer, wine, or any drink containing alcohol? \_\_\_\_\_

Use any tobacco (smoking, vaping, chewing)? \_\_\_\_\_

Use any marijuana? \_\_\_\_\_

Use anything else to get high (like other illegal drugs, prescription or over-the-counter medications, and things that you sniff, huff, or vape )? \_\_\_\_\_

Amount of caffeine consumption: \_\_\_\_\_

**LEGAL HISTORY**

Has the client ever been convicted of a misdemeanor or felony?  No  Yes If yes, explain

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Please list any previous charges or arrests (include runaway, curfew violation, MIP, etc.):

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Number of arrests/charges in the last 24 months: \_\_\_\_\_

Have any of these charges been drug/alcohol related? \_\_\_\_\_

Are the client's parents currently involved in divorce or child custody proceedings?  No  Yes Previously?  No  Yes

If yes, please explain: \_\_\_\_\_

Is DHS Involved?  No  Yes If yes, why?

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Is the client court ordered to attend Mental Health Treatment?  No  Yes